March 2024 INDEPENDENT LIVING						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March cont'd  11:00 Knitting Club 1:00 Hand and Foot 6:00 Wii Bowling	(capri)	90875 Crossroads Circle Suite 400 Waukesha, WI 53186			9:00 Coffee Club 10:00 Cardio and Strength 11:00 Catholic Church Service 1:00 Bingo 3:00 Sheepshead 4:00 New Resident Welcome Party	9:00 Resident Led Exercise 10:00 Dominoes 2:00 Bunco 6:00 Movies + Popcorn
11:00 Knitting Club 1:00 Hand and Foot 6:00 Wii Bowling	10:00 Stretch and Flex 11:00 Lutheran Church Services 1:00 Documentary and Discussion 4:00 Sheepshead 6:00 Evening Meditation	9:00 Coffee Club 10:00 Bible Study 1:00 Science Club - Elephant Toothpaste 2:00 Resident Meeting 4:00 Happy Hour	10:00 Chair Yoga 11:00 Tech Support 1:00 Bingo 2:00 Resident Choir Practice 3:00 Cooking Adventures - Heart Healthy Snacks 6:00 Cribbage	8:30 Men's Breakfast 10:00 Grocery Shopping - Pick N Save 1:00 Movie Matinee 2:00 Resident Ambassador Meeting 3:00 Bridge	9:00 Coffee Club 10:00 Cardio and Strength 11:00 Catholic Church Service 1:00 Bingo 3:00 Sheepshead 4:00 Musical Entertainment	9:00 Resident Led Exercise 10:00 Dominoes 2:00 Bunco 6:00 Movies + Popcorn
11:00 Knitting Club 1:00 Hand and Foot 6:00 Wii Bowling	10:00 Stretch and Flex 11:00 Lutheran Church Services 1:00 Documentary and Discussion 4:00 Sheepshead 6:00 Evening Meditation	1 9:00 Coffee Club 10:00 Bible Study 1:00 Science Club - Lava Lamps 2:00 Spring Craft 4:00 Happy Hour	10:00 Chair Yoga 11:00 Tech Support 1:00 Bingo 2:00 Resident Choir Practice 3:00 Cooking Adventures -Plant Based Snacks 6:00 Cribbage	8:30 Men's Breakfast 10:00 Grocery Shopping - Target 1:00 Movie Matinee 2:30 Ice Cream Social 3:00 Bridge	9:00 Coffee Club 10:00 Cardio and Strength 11:00 Catholic Church Service 1:00 Bingo 3:00 Sheepshead	9:00 Resident Led Exercise 10:00 Dominoes 2:00 Bunco 6:00 Movies + Popcorn
11:00 Knitting Club 1:00 Hand and Foot 6:00 Wii Bowling	10:00 Stretch and Flex 11:00 Lutheran Church Services 1:00 Documentary and Discussion 3:00 Brain Games 4:00 Sheepshead 6:00 Evening Meditation	8 Enjoy Life Adventure Series: Shedd Aquarium 9:00 Coffee Club 10:00 Bible Study 1:00 Science Club - Storm in a Glass 2:00 Life Enrichment Meeting 4:00 Happy Hour	10:00 Chair Yoga 11:00 Tech Support 1:00 Bingo 2:00 Resident Choir Practice 3:00 Cooking Adventures - Taste the Rainbow Snacks 6:00 Cribbage	8:30 Men's Breakfast 10:00 Grocery Shopping - Sendik's 1:00 Movie Matinee 2:30 Ice Cream Social 3:00 Bridge	9:00 Coffee Club 10:00 Cardio and Strength 11:00 Catholic Church Service 1:00 Bingo 3:00 Sheepshead 4:00 Musical Entertainment	9:00 Resident Led Exercise 10:00 Dominoes 2:00 Bunco 6:00 Movies + Popcorn
11:00 Knitting Club 1:00 Hand and Foot 6:00 Wii Bowling	10:00 Stretch and Flex 11:00 Lutheran Church Services 1:00 Documentary and Discussion 3:00 Brain Games 4:00 Sheepshead 6:00 Evening Meditation	9:00 Coffee Club 10:00 Bible Study 1:00 Science Club - Frozen Bubbles 2:00 Spring Community Cleanup 4:00 Happy Hour	10:00 Chair Yoga 11:00 Tech Support 1:00 Bingo 2:00 Resident Choir Practice 3:00 Cooking Adventures - Green Smoothies 6:00 Cribbage	8:30 Men's Breakfast 10:00 Grocery Shopping - Walmart 1:00 Movie Matinee 2:30 Ice Cream Social 3:00 Bridge	9:00 Coffee Club 10:00 Cardio and Strength 11:00 Catholic Church Service 1:00 Bingo 3:00 Sheepshead	9:00 Resident Led Exercise 10:00 Dominoes 2:00 Bunco 6:00 Movies + Popcorn  Continued at top