

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>101 Walnut Circle Grafton, WI 53024 (262) 240-0872</p> <p>Clubs scheduled weekly</p>	<p>■ Alzheimer Poetry Project ■ Field to Fare ■ Memories in the Making ■ Mindful Matters 🦋 Spiritual</p>					<p>101 Walnut Circle Grafton, WI 53024 (262) 240-0872</p>	<p>10:00 ■ Exercise: Stretching 10:20 ■ Infusion Bar 10:30 ■ Guided Meditation 10:45 ■ Daily Chronicle and Discussion 11:00 ■ 52 weeks of Trivia: Colorful Songs 11:30 ■ Music in Motion: Soft Jazz Music 2:00 ■ Decorating Club 6:30 🦋 Daily Devotions</p>	<p>10:00 ■ In2L Sit and be fit 10:20 ■ Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 ■ Family Feud 11:30 ■ Music in Motion 2:00 ■ Bingo with Staff 3:00 ■ Adult Coloring 6:30 ■ Evening Meditation: Sunsets</p>
	<p><b>Daylight Saving Time Ends</b> 3</p> <p>10:00 🦋 Non Denominational Church 10:30 ■ Donut Social and Infusion Bar 11:00 🦋 Catholic Rosary 11:30 🦋 Gospel music 1950's 2:00 ■ World of Color 4:00 ■ Adult Coloring 6:30 🦋 Sunset Meditation</p>	<p>11:00 Finish The Phrase 4 11:30 Music in Motion: Reba McEntire 2:00 Monday Movie Madness: A Charlie Brown Thanksgiving [T] 4:00 Living Melodies 6:00 Mindfulness Meditation</p>	<p><b>Election Day</b> 5 10:00 Exercise: Silver Sneaker for seniors 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Trivia: Name that Holiday 11:30 Music in Motion: Instrumental music 2:00 Throwback Movie: [T] 6:30 🦋 Meditation Circle</p>	<p>10:00 ■ Poetry Project: White Christmas 6 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 ■ Thankful Turkey Exercise w/ Heather 11:30 Music in Motion: Motown Music 2:00 Church Service 3:00 Kings Corner: Residents 3:00 Pampered Paws 6:30 Meditation Circle</p>	<p>10:00 Resident Council Meeting 7 10:45 ■ Daily Chronicle and Discussion 11:00 Name that noise 11:30 Music in Motion: Cafe Jazz 2:00 Prize Bingo 3:15 Board Games with Kids 4:00 ■ Foot Tennis (net and balloon) 6:30 ■ Bedtime Bingo</p>	<p>10:00 Exercise: Line Dancing 8 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Trivia in the Fireplace 11:30 Music in Motion: 1980's music 2:00 ■ Holiday Craft w/Heather 6:30 🦋 Meditation by the Ocean</p>	<p>10:00 ■ In2L Sit and be fit 9 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Family Feud 11:30 Music in Motion: Doris Day 2:00 ■ Bingo with Staff 3:00 Adult Coloring 6:30 ■ Evening Meditation: Sunsets</p>	
<p><b>DAILY RHYTHM</b></p> <p>8:00 Breakfast</p> <p>10:00 Mindful Matters/Exercise</p> <p>10:30 Field to Fare/Refreshments</p> <p>11:00 Creative Arts/Partner Programs</p> <p>12:00 Lunch</p> <p>2:00 Games/Mindful Matters/Refreshments</p> <p>3:00 Cultural Arts/Wellness</p> <p>4:00 Community/Music/Spiritual</p> <p>5:00 Dinner</p> <p>6:00 Evening program/Resident's Choice</p>	<p>10:00 🦋 Non 10 Denominational Church 10:30 ■ Donut Social and Infusion Bar 11:00 🦋 Catholic Rosary 11:30 🦋 Gospel music 1950's 2:00 ■ World of Color 4:00 ■ Adult Coloring 6:30 Sunset Meditation</p>	<p><b>Veterans Day</b> 11 10:00 ■ Exercise: Stretching 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:30 Music in Motion: Blake Shelton 2:00 Monday Movie Madness: The Family Stone [T] 4:00 🦋 Catholic Rosary 6:00 Mindfulness Meditation</p>	<p>10:00 Exercise: Silver Sneaker for seniors 12 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Remember When 11:30 Music in Motion: Smooth Jazz 12:00 ■ Lunch at McDonald's 2:00 ■ Throwback Movie: [T] 6:30 🦋 Meditation and Relaxation</p>	<p>10:00 ■ Poetry Project: Holidays 13 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Prom Talk 11:30 Music in Motion: Cafe Jazz 2:00 Church Service 3:00 Pampered Paws 3:00 Prepping for Prom 6:30 Meditation Circle</p>	<p>10:00 Bible Study w/ Pastor Scott 14 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:30 Music in Motion: 1950's Blues 2:30 Prize Bingo 4:00 ■ Foot Tennis (net and balloon) 6:30 ■ Bedtime Bingo</p>	<p>10:20 Infusion Bar 15 10:45 ■ Daily Chronicle and Discussion 11:00 ■ Thanksgiving Trivia 11:30 Country Music 1960's 6:30 🦋 Meditation Circle</p>	<p>10:00 ■ In2L Sit and be fit 16 10:20 Infusion Bar 10:30 Daily Chronicle 10:45 ■ Daily Chronicle and Discussion 11:00 Family Feud 11:30 Music in Motion 2:00 ■ Bingo with Staff 3:00 Adult Coloring 6:30 ■ Evening Meditation: Sunsets</p>	
	<p>10:00 🦋 Non 17 Denominational Church 10:30 ■ Donut Social and Infusion Bar 11:00 🦋 Catholic Rosary 11:30 🦋 Gospel music 1950's 2:00 ■ World of Color 4:00 ■ Adult Coloring 6:30 🦋 Tablet for relaxation</p>	<p>10:00 ■ Kickball 18 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Master Minds: Bible Edition 11:30 Music in Motion: Memphis Blues 2:00 Monday Movie Madness: Nights in Rodanthe [T] 4:00 Living Melodies 6:30 ■ Evening Meditation: Ocean</p>	<p><b>Trishaw Rides</b> 19 10:00 International Men Day's: Coffee and Pastries [LO] 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:30 Music in Motion 2:00 Ornament Making w/Heather 4:15 ■ Dinner: Pizza Ranch 7:00 ■ Timeless Melodies Choir Club</p>	<p>10:00 ■ Poetry Project: Happy Thanksgiving 20 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Mind Joggers: Alphabet Words 11:30 Music in Motion: The Diamonds 2:00 Church Service 2:30 Pampered Paws 3:00 Kings Corner: Residents 6:30 Meditation Circle</p>	<p>10:00 Volleyball 21 10:20 Infusion Bar 10:30 Morning Meditation 10:45 ■ Daily Chronicle and Discussion 11:00 Pictionary 11:30 Music in Motion: Sing-A-long 1970's 2:30 Prize Bingo 4:00 ■ Foot Tennis (net and balloon) 6:30 ■ Bedtime Bingo</p>	<p>10:00 Kickball 22 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Remember When 11:30 Music in Motion: Rock-N-Roll 1950's 2:30 ■ Birthday Bash Happy Hour 6:30 🦋 Tablet for relaxation</p>	<p>10:00 ■ In2L Sit and be fit 23 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Family Feud 11:30 Music in Motion 2:00 ■ Bingo with Staff 3:00 Adult Coloring 6:30 ■ Evening Meditation: Sunsets</p>	
	<p>10:00 🦋 Non 24 Denominational Church 10:30 ■ Donut Social and Infusion Bar 11:00 🦋 Catholic Rosary 11:30 🦋 Gospel music 1950's 2:00 ■ World of Color 4:00 ■ Adult Coloring 6:30 🦋 Sunset Meditation</p>	<p>10:00 ■ 15 Minute Easy Belly Dance 25 10:20 Infusion Bar: Parfait 10:45 ■ Daily Chronicle and Discussion 11:00 Origin and history of pilgrims, and Indian 11:30 Music in Motion: Soft Country Music 2:00 ■ Monday Movie Madness: Love at the Thanksgiving Day Parade [T] 4:00 🦋 Catholic Rosary 6:00 New Event Name 6:30 Mindfulness Meditation</p>	<p>10:00 Exercise: Silver Sneaker for seniors 26 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 52 weeks of Trivia: Holiday Songs 11:30 Music in Motion: Blues 1950's 2:00 Throwback Movie: [T] 6:30 🦋 Meditation by the Ocean</p>	<p>10:00 ■ Poetry Project: Happy Thanksgiving 27 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Thanksgiving Trivia 11:30 Music in Motion: Thanksgiving music 2:00 Church Service 2:00 Kings Corner: Residents 3:00 Pampered Paws 6:30 Meditation Circle</p>	<p><b>Thanksgiving</b> 28 9:00 <i>Happy Thanksgiving To All My Residents and Their Family</i> 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:30 Music in Motion: 1960's country music 2:30 Prize Bingo 4:00 ■ Foot Tennis (net and balloon) 6:30 ■ Bedtime Bingo</p>	<p>10:00 Exercise: Stretching 29 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:30 Music in Motion 2:30 ■ Painting Flowers 3:30 ■ Chicken Soup for the Soul 6:30 🦋 Mindfulness Meditation</p>	<p>10:00 ■ In2L Sit and be fit 30 10:20 Infusion Bar 10:45 ■ Daily Chronicle and Discussion 11:00 Family Feud 11:30 Music in Motion 2:00 ■ Bingo with Staff 3:00 Adult Coloring 6:30 ■ Evening Meditation: Sunsets</p>	

\* Calendar is subject to change