



TALENT SHOW

Friday March 28 • 2:00PM
Church Basement

This fun-filled event is open to all residents, friends, and family, offering a chance to showcase your talents and enjoy a lively mix of performances. Whether you sing, dance, tell jokes, or have another hidden talent, we welcome you to participate. Come enjoy the entertainment, support your neighbors, and create unforgettable memories together. Everyone is welcome!

RSVP in the enjoy life binder.
capri COMMUNITIES

ST. RITA SQUARE

a capri community

728 E. Pleasant St., Milwaukee, 53202
stritasquare.com
414-485-6600

Happy Birthday!

- | | |
|-----------------|-----------------|
| Dwight M. 3/2 | Teresa H. 3/8 |
| Minta A. 3/10 | Jane B. 3/16 |
| Barbara L. 3/17 | Gilbert M. 3/17 |
| Steve B. 3/19 | Marleen M. 3/22 |
| Yvonne Z. 3/25 | |



DON'T FORGET TO RSVP!



- Swimming in Grafton | Wednesdays at 9:00am
- Shopping Trips | Tues/Thurs at 11:15am
- Big Band Dance/Concert | 3/10 at 1:00pm
- Acting Workshop | 3/12 at 1:30pm
- Kinship Cafe Lunch | 3/13 at 11:15am
- March Birthday Party | 3/21 at 12:00pm
- Readers Theater | 3/24 at 1:30pm
- Early Voting | 3/25 at 11:00am
- Resident Variety Show | 3/28 at 2:00pm

JOIN THE CLUB



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below.

- Civic Engagement Group | Bruce & Terry W.
- Composting Committee | Barb T. & Eleanor H.
- Gardening Club | Jackie H.
- Rosary and Bible Study | Jack H.
- Sunshine Committee | Jackie H.
- Go Green Committee | Sue C. & Jackie H.

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Maple Sugarin' at Riveredge Nature Center

Enjoy the sweet tradition of maple sugarin' at Riveredge Nature Center. Tour the maple forest, tap a tree, learn a bit of the history of maple sugarin', visit the evaporator, and wrap up by sampling the syrup on a pancake (with a pickle, a Riveredge tradition!). \$9/person

Date: Tuesday, 3/4 **Time:** 11:30am
Sign-up in the enjoy life binder.

Positive, Meaningful, Relationships and Service



COMMUNITY

So You Think You Can Puzzle

Come and test your puzzling skills at our Puzzle Tournament! Build your team of 3-6 and join us for a family-friendly tournament! Teams will compete to see who can put together a 500-piece puzzle the fastest within 90 minutes. Prizes will be given to first and second-place finishers.

Date: Wednesday, 3/19 **Time:** 1:00pm

Self-Improvement and Discovery



LEARNING

Women in History Event at VPC

Our featured women are Billie Jean King, Oprah, and Florence Nightingale at Capri's Annual Women's Historic Tea! Please RSVP in the enjoy life binder by 3/6.

Date: Friday, 3/14 **Time:** 1:15pm
Sign-up in the enjoy life binder.

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Emotional Fluency with Jennifer Bartolotta, Emotional Endurance

Emotional Endurance: explore "Non-Negotiable Daily Habits for Thriving" which build emotional endurance and create your own personal 3-part plan to integrate 3 new habits in your life.

Date: Tuesday, 3/18 **Time:** 9:00am
Sign-up in the enjoy life binder.

March 2025

Feelin' Lucky

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March cont'd 30 10:30 St. Rita Mass [CH]	31 10:30 Balance Class [F] 11:00 Ballet Barre Video [F] 1:00 Bridge [T] 1:00 iPhone Tips and Tricks [CLR] 2:30 Bingo 0.50c per Game [CLR] 3:30 Complimentary Happy Hour [T] 6:00 Scrabble [5]	Location Keys 4 Cannoli Room C 5 Church CH CLR Fitness Studio F 0 Trattoria T	Program Key <u>Underlined programs require a sign up.</u> Bold Enjoy Life Special Feature Programs with more details on the back of the calendar.	728 E Pleasant St Milwaukee, WI 53202 (414) 485-6600	1 10:00 Rosary with Jack [CH] 1:00 Centering Prayer Workshop Follow Ups [C] 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]	
10:30 St. Rita Mass [CH] 2	3 10:30 Balance Class [F] 11:00 Ballet Barre Video [F] 1:00 Bridge [T] 1:30 <u>JustFaith Want to Talk Program Session 7: What to Do When the Answer is 'No' [C]</u> 2:00 <u>Mardi Gras Hat Making [T]</u> 2:30 Bingo 0.50c per Game [CLR] 3:30 Complimentary Happy Hour - Meet and Greet with Carmen [T] 6:00 Scrabble [5]	4 10:30 Strengthening [F] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 11:30 Enjoy Life Adventure Series: Maple Sugarin' at Riveredge Nature Center in Saukville [O] 11:45 Interfaith Conference- ZOOM: Supreme Court [CLR] 1:30 Sheepshead [T] 4:00 St. Rita Mass [CH] 4:30 <u>Mardi Gras Parade [F]</u> 7:00 Movie Night: "Cabrinini" (Amazon) [CLR]	5 9:00 <u>Open Swim in Grafton [O]</u> 10:00 Art with Ann [T] 10:30 Chair Yoga Video [F] 12:15 <u>Milwaukee Chamber Theater Performance: Every Brilliant Thing (\$37/ ticket) [O]</u> 2:00 <u>Hospice Myths and Misconceptions with Legacy Hospice [C]</u> 2:30 Cribbage [T] 3:30 Netflix Documentary: "Becoming" [CLR] 4:00 Ash Wednesday Mass [CH] 7:00 Civic Engagement Group [C]	6 Bake Sale for Center for Veteran's Issues 10:30 Chair Aerobics [F] 11:00 Zumba Video [F] 11:15 <u>Pick N Save Trip [O]</u> 11:30 AL Town Hall [5] 1:00 Fox Exercise Class [F] 1:30 AL Fox Exercise Class [4] 2:00 <u>Speaker: Margo Kirchner- WI Justice Initiative [C]</u> 2:15 Dominoes [T] 6:00 <u>Music on the Move Performance- UWM Student Performance [C]</u> 7:00 Musical: "Stormy Weather" (Amazon) [CLR]	7 Last Day DSHA Students 9:30 <u>MSO Concert: Mendelssohn's Third Symphony (\$30/ticket) [O]</u> 10:30 Body Workout [F] 11:00 Tai Chi [F] 12:45 Bridge [T] 1:00 Yoga with Connie [F] 2:30 Movie: "Cleopatra" (Amazon) [CLR] 5:00 First Friday Concert at Grace Lutheran Church: Pianist/Composer Mikhail Johnson	8 10:00 Rosary with Jack [CH] 1:00 Centering Prayer Workshop Follow Ups [C] 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]
Daylight Saving Time Begins 10:30 St. Rita Mass [CH] 4:30 <u>Resident Led Potluck [T]</u>	9 First Day MUHS Students 10:30 Balance Class [F] 11:00 Ballet Barre Video [F] 1:00 <u>Big Band Concert and Dance at Wilson Park Senior Center [O]</u> 1:00 Bridge [T] 1:30 <u>JustFaith Want to Talk Program Session 8: What Next? [C]</u> 2:30 Bingo 0.50c per Game [CLR] 3:30 BYOB Happy Hour [T] 6:00 Scrabble [5] 6:00 Voter Registration 6-8pm [T]	10 10:00 <u>Trader Joes Trip [O]</u> 10:30 Strengthening Video [F] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 11:45 Interfaith Conference- ZOOM [CLR] 1:00 Resident Ambassador Meeting [C] 1:30 Sheepshead [T] 2:00 <u>Speaker: First District 3 Candidate [C]</u> 4:00 St. Rita Mass [CH] 7:00 Movie Night: "The Six Triple Eight" (Netflix) [CLR]	11 10:30 Chair Pilates Video [F] 11:30 IL Town Hall [T] 1:30 <u>Acting-Comedy Workshop with Barbara and Daine [F]</u> 2:30 Cribbage [T] 3:30 Netflix Documentary: "Feminists: What Were They Thinkin?" [CLR] 7:00 <u>Story Sharing: Good Luck [CLR]</u>	12 10:30 Chair Aerobics [F] 11:00 Zumba Video [F] 11:15 <u>Kinship Cafe Tour/Lunch [O]</u> 1:00 Fox Exercise Class [F] 1:30 AL Fox Exercise Class [4] 2:00 <u>Speaker: Candidate 2 -- for District 3 Common Council [C]</u> 2:15 Dominoes [T] 4:00 Complimentary Cocktail Hour [T] 6:00 Musical: "The Sound Of Music" (Amazon) [CLR]	13 10:30 Body Workout [F] 11:00 Stations of the Cross with Jack [CH] 11:00 Tai Chi [F] 12:45 Bridge [T] 1:15 Women in History Event at Village Pointe Commons [O] 2:30 Movie: "Gilda" (Amazon) [CLR]	14 10:00 Rosary with Jack [CH] 1:00 Centering Prayer Workshop Follow Ups [C] 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]
10:30 St. Rita Mass [CH] 16	17 St. Patrick's Day- Wear Green 10:30 Balance Class [F] 11:00 Ballet Barre Video [F] 11:15 Parkinson's Support Group [CLR] 1:00 Bridge [T] 1:00 <u>St. Patrick's Day Riddles and Discussion [CLR]</u> 2:30 Bingo 0.50c per Game [CLR] 3:30 St. Patrick's Day Complimentary Happy Hour [T] 6:00 Scrabble [5]	18 Emotional Fluency with Jennifer Bartolotta, Emotional Endurance [O] 10:30 Strengthening Video [F] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 11:45 Interfaith Conference- ZOOM [CLR] 1:30 Sheepshead [T] 2:00 Caregiver Support Group [CLR] 2:45 Prayer Shawl Ministry [CH] 4:00 St. Rita Mass [CH] 7:00 Movie Night: "A League Of Their Own" (Amazon) [CLR]	19 9:00 <u>Open Swim in Grafton [O]</u> 10:00 Art with Ann [T] 10:30 Chair Yoga Video [F] 1:00 So You Think You Can Puzzle Competition [C] 2:30 Cribbage [T] 3:30 Documentary: "RGB" (Amazon) [CLR] 7:00 <u>Literary Reading [CLR]</u>	20 10:30 Chair Aerobics [F] 11:00 Zumba Video [F] 11:15 <u>Target Trip [O]</u> 11:30 AL Town Hall [5] 1:00 Fox Exercise Class [F] 1:30 AL Fox Exercise Class [4] 2:00 <u>Life in the Middle of Death: Session 1 [C]</u> 2:15 Dominoes [T] 6:00 Musical: "The King and I" (Amazon) [CLR]	21 Last Day MUHS Students 10:30 Body Workout [F] 11:00 Stations of the Cross with Jack [CH] 11:00 Tai Chi [F] 12:00 <u>March Birthday Party and Live Music with Frogwater [T]</u> 12:45 Bridge [T] 1:30 Rehearsal for Variety Show [C] 2:30 Movie: "All About Eve" (Amazon) [CLR] 3:00 Resident Community Council [C]	22 9:00 Chili and Jewelry Sale at St. Ann's Intergenerational Center from 9am-1pm (Carpool if Interested) 10:00 Rosary with Jack [CH] 1:00 Centering Prayer Workshop Follow Ups [C] 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]
10:30 St. Rita Mass [CH] 4:30 <u>Soup and Salad Resident Led Potluck [T]</u>	23 10:30 Balance Class [F] 11:00 Ballet Barre Video [F] 12:00 Girl Scouts in the Lobby Selling Cookies from 12pm - 2pm [T] 1:00 Bridge [T] 1:30 <u>Readers Theater: "Order of Crows" & "Where There's Smoke... There Can Be Females" [CLR]</u> 2:30 Bingo 0.50c per Game [CLR] 3:30 BYOB Happy Hour [T] 6:00 Scrabble [5]	24 10:30 Strengthening [F] 11:00 Early Voting at the Ziedler Building [O] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 11:45 Interfaith Conference- ZOOM [CLR] 1:30 Sheepshead [T] 2:00 Book Club [CLR] 4:00 St. Rita Mass [CH] 7:00 Movie Night: "Frida" (Amazon) [CLR]	25 9:00 <u>Open Swim in Grafton [O]</u> 10:30 AL Culinary Council [5] 10:30 Chair Pilates Video [F] 1:15 <u>Sprecher Brewery Tour (\$11/ person) [O]</u> 2:30 Cribbage [T] 3:30 YouTube Documentary: "Most Dangerous Women: Women of the West" [CLR] 7:00 <u>Sharing your Travels [CLR]</u>	26 10:00 <u>Aldi Trip [O]</u> 10:30 Chair Aerobics [F] 11:00 Zumba Video [F] 12:30 <u>Irish Lunch for AL/IL/MC [T]</u> 1:00 Fox Exercise Class [F] 1:30 AL Fox Exercise Class [4] 2:00 <u>Speaker: Travis Sternhagen from Kinship Community Food Center [C]</u> 2:15 Dominoes [T] 4:00 Complimentary Cocktail Hour [T] 6:00 Musical: "A Doll's House" (Amazon) [CLR]	27 10:30 Body Workout [F] 11:00 Stations of the Cross with Jack [CH] 11:00 Tai Chi [F] 12:45 Bridge [T] 1:00 Yoga with Connie [F] 2:00 Resident Variety Show [CH]	28 10:00 Rosary with Jack [CH] 1:00 Centering Prayer Workshop Follow Ups [C] 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]
29 10:30 St. Rita Mass [CH] 4:30 <u>Soup and Salad Resident Led Potluck [T]</u>	30 10:30 Balance Class [F] 11:00 Ballet Barre Video [F] 1:00 Bridge [T] 1:00 iPhone Tips and Tricks [CLR] 2:30 Bingo 0.50c per Game [CLR] 3:30 Complimentary Happy Hour [T] 6:00 Scrabble [5]	31 10:30 Strengthening [F] 11:00 Low Impact Cardio [F] 11:00 Rosary with Jack [CLR] 11:45 Interfaith Conference- ZOOM [CLR] 1:30 Sheepshead [T] 2:00 Book Club [CLR] 4:00 St. Rita Mass [CH] 7:00 Movie Night: "Frida" (Amazon) [CLR]	32 9:00 <u>Open Swim in Grafton [O]</u> 10:00 Art with Ann [T] 10:30 Chair Yoga Video [F] 12:15 <u>Milwaukee Chamber Theater Performance: Every Brilliant Thing (\$37/ ticket) [O]</u> 2:00 <u>Hospice Myths and Misconceptions with Legacy Hospice [C]</u> 2:30 Cribbage [T] 3:30 Netflix Documentary: "Becoming" [CLR] 4:00 Ash Wednesday Mass [CH] 7:00 Civic Engagement Group [C]	33 Bake Sale for Center for Veteran's Issues 10:30 Chair Aerobics [F] 11:00 Zumba Video [F] 11:15 <u>Pick N Save Trip [O]</u> 11:30 AL Town Hall [5] 1:00 Fox Exercise Class [F] 1:30 AL Fox Exercise Class [4] 2:00 <u>Speaker: Margo Kirchner- WI Justice Initiative [C]</u> 2:15 Dominoes [T] 6:00 <u>Music on the Move Performance- UWM Student Performance [C]</u> 7:00 Musical: "Stormy Weather" (Amazon) [CLR]	34 Last Day DSHA Students 9:30 <u>MSO Concert: Mendelssohn's Third Symphony (\$30/ticket) [O]</u> 10:30 Body Workout [F] 11:00 Tai Chi [F] 12:45 Bridge [T] 1:00 Yoga with Connie [F] 2:30 Movie: "Cleopatra" (Amazon) [CLR] 5:00 First Friday Concert at Grace Lutheran Church: Pianist/Composer Mikhail Johnson	35 10:00 Rosary with Jack [CH] 1:00 Centering Prayer Workshop Follow Ups [C] 1:00 Scrabble [5] 6:30 Game Night: Bring your favorite game to play [C]