



enjoy life

THIS MONTH'S FEATURED PROGRAMS

St. Catherine Commons Independent Living

3524 7th Ave,
Kenosha Wi 53140

(262) 654-6080

Annual Chili Cook Off March 22 | 11am - 2pm

You be the judge! Enjoy a tasty selection of chili for \$5 per person and vote for your favorite to take home the trophy. All proceeds benefit the Kenosha Senior Center.

DON'T FORGET TO RSVP!



- Girl Scout Cookies - Sunday 3/2 1:00
- Dinner Out (Hopnob) - Saturday 3/8 4:00
- Birthday Party - Friday 3/14 2:00
- Storyteller (Irish Story) - Monday 3/17 1:00
- Lunch Bunch Friday 3/21 12:30
- Chill Cook Off Saturday 3/22 11:00
- Ladies Lunch Out (Fireside) Monday 3/24 11:00
- Storyteller (Irish Storys) Tuesday 3/25 1:00
- March Social with live music Thursday 3/27 3:00
- Happy Hour Friday 3/28 1:00
- Bake Sale Sunday 3/30 1:00 -3:00

Happy Birthday!

- | | |
|------------------|-----------------|
| Allen S. 3/10 | Nadine N. 3/27 |
| Barbara D. 3/11 | William C. 3/30 |
| Oliver D. 3/11 | Michiel R. 3/30 |
| John B. 3/13 | |
| Marianne E. 3/14 | |
| JoAnne R. 3/15 | |
| Cyndy W. 3/17 | |
| Linda S. 3/24 | |
| Manfred S. 3/24 | |
| Genene S. 3/26 | |



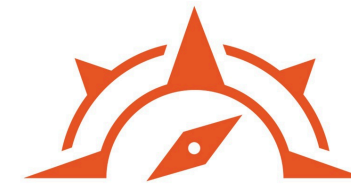
JOIN THE CLUB



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below. Have an idea on a new group to add? Talk with Crystal the Life Enrichment Coordinator.

Crystal 262-484-5462
Cgarcia@capricommunities.com

Exploring the New



ADVENTURE

Chair Travel - Greece & try snacks they have

Experience the history & the lifestyle with snacks.

Date: Day, 3/13 **Time:** 2:00

Sign-up in the enjoy life binder.

Positive, Meaningful, Relationships and Service



COMMUNITY

Storyteller (Irish Story)

Go back in time and place with an Irish Story

Date: Day, 3/17 **Time:** 1:00

Sign-up in the enjoy life binder.

Self-Improvement and Discovery



LEARNING

History Of St Patrick's Day

Exploring history and traditions of the holiday

Date: Day, 3/5 **Time:** 11:00

Sign-up in the enjoy life binder.

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Health Class - Ted Talk (Vitamins)

The essential nutrients of vitamins explaining their role in the body.

Date: Day, 3/6 **Time:** 2:00

Sign-up in the enjoy life binder.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|---|
| <p>March cont'd</p> <p>30</p> <p>Community Room Reserved 6:30 Skip Bo [BR]</p> | <p>31</p> <p>10:30 Exercise with Mike [CR] 10:30 Kenosha Public Library Lobby Stop [L] 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p> | <p>ST. CATHERINE COMMONS a capri community</p> | <p>3524 7th Ave Kenosha, WI 53140 262-654-6080</p> | <p>Location Keys</p> <p>Billiards Room BR Community Room CR Hobby Room HR Lobby (1) L Reflection Room RR</p> | <p>Program Key</p> <p>**Underlined Programs <u>Require Sign-up</u> Bold - Enjoy Life Feature Program \$ - Extra Payment Required</p> | <p>1</p> <p>10:00 Rosary [RR] 12:00 Hand & Foot [HR] 6:30 Dominoes [CR]</p> |
| <p>2</p> <p>1:00 Girl Scout Cookie Sales [L] 6:30 Skip Bo [BR]</p> | <p>3</p> <p>9:00 Resident Coffee Hour [CR] 10:30 Exercise with Mike [CR] 10:30 Kenosha Public Library Lobby Stop [L] 11:00 News For March 2:00 Euchre [BR] 2:30 Game 25 Words or Less & coffee [CR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p> | <p>4</p> <p>Mardi Gras 10:00 Qigong Stretching w/Joan [CR] 11:00 Garden Club [RR] 11:00 Mardi Gras (Traditions) & coffee [CR] 11:00 Sheepshead [HR] 1:00 Walking Club [L] 5:00 Night Bingo [CR] 6:00 5 Crowns [HR]</p> | <p>5</p> <p>9:00 Catholic Service [RR] 10:00 Exercise with Lacey (FOX Therapy) 11:00 History of St Patrick's Day & Snacks [CR] 2:00 emoji Game with prizes [CR] 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p> | <p>6</p> <p>9:15 Pick N Save Grocery Shopping 9:45 Pick N Save Grocery Shopping 10:30 Choir Practice [CR] 2:00 Ted Talk - Vitamins 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p> | <p>7</p> <p>9:45 Walmart Shopping & Lunch (Cracker Barrel) 10:00 Exercise [CR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p> | <p>8</p> <p>10:00 Rosary [RR] 12:00 Hand & Foot [HR] 4:00 Dinner Out - Hobnob 6:30 Dominoes [CR]</p> |
| <p>9</p> <p>Daylight Saving Time Begins 6:30 Skip Bo [BR]</p> | <p>10</p> <p>9:00 Donut Social Hour w/ Board Games 9:00 Podiatry 10:00 Thrift Shopping 10:30 Exercise with Mike [CR] 2:00 Euchre [BR] 2:00 Inspiring Women [CR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p> | <p>11</p> <p>10:00 Qigong Stretching w/Joan [CR] 11:00 Book Club [RR] 11:00 Sheepshead [HR] 11:00 non-Baking Class [CR] 1:00 Walking Club [L] 5:00 Night Bingo [CR]</p> | <p>12</p> <p>8:00 Crystal Not Here All Day 9:00 Catholic Service [RR] 10:00 Exercise with Lacey (FOX Therapy) 2:00 "Cover the Number" Dice Game [CR] 2:00 Blood Pressure Check 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p> | <p>13</p> <p>9:15 Festival Grocery Shopping 9:45 Festival Grocery Shopping 10:30 Choir Practice [CR] 1:30 "Revital Eyes" low vision/blind peer support group [RR] 2:00 Chair Travel (Greece) 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p> | <p>14</p> <p>10:00 Exercise with Crystal 10:00 Spiritual Reflections [RR] 2:00 Birthday Party Jan. - March & Choir [CR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p> | <p>15</p> <p>8:30 Community Room Reserved (all Day) [CR] 10:00 Rosary [RR] 12:00 Hand & Foot [HR] 6:30 Dominoes [HR]</p> |
| <p>16</p> <p>6:30 Skip Bo [BR]</p> | <p>17</p> <p>St. Patrick's Day 9:00 Ladies' Coffee Hour [CR] 10:30 Exercise with Mike [CR] 10:30 Kenosha Public Library Lobby Stop [L] 11:00 Good Luck - Bad Luck Superstition [CR] 1:00 Storyteller (Mary) - St Patrick's Day Story [CR] 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p> | <p>18</p> <p>10:00 Qigong Stretching w/Joan [CR] 11:00 Religion & Culture Wars with Wayne [RR] 11:00 Sheepshead [HR] 11:00 Spanish Class [CR] 1:00 Walking Club [L] 5:00 Night Bingo [CR] 6:00 5 Crowns [HR]</p> | <p>19</p> <p>9:00 Catholic Service [RR] 10:00 Exercise with Lacey (FOX Therapy) 11:00 Craft Class - Spring Door Wreaths 2:30 Hearing Screening & Hearing Aid Service [CR] 2:30 Prize Bingo [CR] 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p> | <p>20</p> <p>9:15 Pick N Save Grocery Shopping 9:45 Pick N Save Grocery Shopping 10:30 Choir Practice [CR] 2:00 Blood Pressure Check [CR] 2:00 WI Bowling [CR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p> | <p>21</p> <p>10:00 Exercise with Crystal 12:30 Lunch Bunch [CR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p> | <p>22</p> <p>10:00 Rosary [RR] 11:00 Chilli Cook Off 12:00 Hand & Foot [HR] 6:30 Dominoes [CR]</p> |
| <p>23</p> <p>6:30 Skip Bo [BR]</p> | <p>24</p> <p>10:30 Exercise with Mike [CR] 11:00 Ladies Lunch Out (Fireside) 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p> | <p>25</p> <p>10:00 Qigong Stretching w/Joan [CR] 11:00 Sheepshead [HR] 1:00 Vikki - Storyteller - St Patrick's Day Story [CR] 1:00 Walking Club [L] 2:00 Book Read Aloud with Kenosha Public Library [RR] 5:00 Night Bingo [CR]</p> | <p>26</p> <p>9:00 Catholic Service [RR] 9:15 Mass [RR] 10:30 Exercise with Lacey [CR] 11:00 Star Of the Month - Anthony Quinn with Coffee [CR] 2:00 Grief Group - With Karen [RR] 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p> | <p>27</p> <p>9:15 Piggly Wiggly Grocery Shopping 9:45 Piggly Wiggly Grocery Shopping 10:30 Choir Practice [CR] 3:00 March - Social & live Music [CR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p> | <p>28</p> <p>10:00 Exercise with Crystal 1:00 Happy Hour [CR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p> | <p>29</p> <p>Community Room Reserved 1:00 Bake Sale [CR] 10:00 Rosary [RR] 12:00 Hand & Foot [HR] 6:30 Dominoes [HR]</p> |