


	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Kenosha, WI 53140 (262) 653-1234 Clubs scheduled weekly	March cont'd 30 10:00 ■ Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 ■ Beach Ball [GL] 5:45 Sunday Night Movie [GL]	31 10:30 ■ Morning Stretch & News [GL] 11:00 Horse Races [GL] 1:10 Brewers Opening Day 2:00 ■ Soft Pretzels & Root Beer [DR] 3:00 ■ Armchair Travels [DR] 4:00 ■ Chair Yoga [GL]	■ Alzheimer Poetry Project ■ Field to Fare ■ Memories in the Making ■ Mindful Matters		Location Keys Beauty Shop (3) B Dining Room (1) DR Front Living Room F Garden Living Room GL Lobby (1) L	1 10:00 ■ Walking the Halls [F] 11:00 Resident Choice [F] 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club	8 10:00 ■ Walking the Halls [F] 11:00 Resident Choice [F] 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club		
	2 10:00 ■ Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 ■ Beach Ball [GL] 5:45 Sunday Night Movie [GL]	3 10:30 ■ Morning Stretch & News [GL] 11:00 Truth or Blarney? [GL] 2:00 ■ Irish Nachos [DR] 3:00 Armchair Travels: Ireland [DR] 4:00 ■ Bowling [GL]	Mardi Gras 4 10:30 ■ Morning Stretch & News [GL] 11:00 Mardi Gras Masks [GL] 2:00 ■ Packzies & Puzzles [GL] 3:30 ■ Senior Science Lab: Sink or Float? [GL]	5 10:30 ■ Morning Stretch & News [GL] 11:00 Masterminds [GL] 2:00 ■ Eat the Rainbow Roasted Veggies [DR] 3:00 Karaoke! [F] 4:00 ■ Cardio Drumming [GL]	6 10:30 ■ Morning Stretch & News [GL] 11:00 Bingo [GL] 2:00 ■ Watercolors: Rainbow [GL] 3:30 ■ Reminiscing & Refreshments: Luck of the Irish [GL]	7 9:00 Beauty Shop [B] 10:30 ■ Morning Stretch & News [GL] 11:00 Name that Irish Tune [GL] 2:00 Happiest Hour [DR] 3:00 ■ Bean Bag Toss [GL] 4:00 Manicures [GL] 5:45 Resident Choice	15 10:00 ■ Walking the Halls [F] 11:00 Resident Choice [F] 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club	22 10:00 ■ Walking the Halls [F] 11:00 St. Catherine Commons Chili Cook-Off 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club	
DAILY RHYTHM 8:30 Breakfast 10:30 Mindful Matters/Exercise 10:45 Refreshments 11:00 Creative Arts/Partner Programs 12:00 Lunch 2:00 Games/Mindful Matters/Field to Fare 3:00 Cultural Arts/Wellness 4:00 Community/Music/Spiritual 5:00 Dinner 5:45 Evening program/Resident's Choice * Calendar is subject to change	Daylight Saving Time Begins 9 10:00 ■ Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 ■ Beach Ball [GL] 5:45 Sunday Night Movie [GL]	10 10:30 ■ Morning Stretch & News [GL] 11:00 Categories [GL] 2:00 ■ Fruit Pizza [DR] 3:00 Move & Groove with Nadia [GL] 4:00 ■ Table Golf [GL]	11 10:30 ■ Morning Stretch & News [GL] 11:00 ■ St. Patrick's Poetry [GL] 2:00 ■ Mini Pie Sale Prep [DR] 3:00 ■ Balloon Volleyball [GL] 3:30 ■ Senior Science Lab: Skittles [GL]	12 10:30 ■ Morning Stretch & News [GL] 11:00 Higher or Lower? Card Game [GL] 1:30 Movie Matinee & Popcorn [F] 4:00 ■ Beach Ball Exercise [DR]	13 10:30 ■ Morning Stretch & News [GL] 11:00 Finish the Phrase [GL] 2:00 ■ Watercolors, Coloring, & Puzzles [GL] 3:30 ■ Reminiscing & Refreshments [GL]	14 9:00 Beauty Shop [B] 10:30 ■ Morning Stretch & News [GL] 11:00 Pie Sale in Lobby [L] 12:00 Pizza Party! [DR] 1:30 Pie Sale in Lobby [L] 3:00 ■ Bean Bag Toss [GL] 4:00 Manicures [GL] 5:45 Resident Choice	15 10:00 ■ Walking the Halls [F] 11:00 Resident Choice [F] 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club	21 National Flower Day 9:00 Beauty Shop [B] 10:30 ■ Morning Stretch & News [GL] 11:00 Tunes & Trivia: Songs About Flowers [GL] 2:00 March Birthday Party with Music by Ian Gould [DR] 3:30 Manicures [GL] 5:45 Resident Choice	22 10:00 ■ Walking the Halls [F] 11:00 St. Catherine Commons Chili Cook-Off 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
	16 10:00 ■ Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 ■ Beach Ball [GL] 5:45 Sunday Night Movie [GL]	St. Patrick's Day 17 10:30 ■ Morning Stretch & News [GL] 11:00 Music Therapy with Heidi [GL] 2:00 St. Patrick's Day Social with Bagpiper [DR] 3:30 ■ Beach Ball Exercise [GL]	18 10:30 ■ Morning Stretch & News [GL] 11:00 ■ Lucky Poems [GL] 2:00 Coverall Bingo [GL] 3:00 ■ Bowling [GL] 3:30 ■ Senior Science Lab: Homemade Butter [GL]	National Let's Laugh Day 19 10:30 ■ Morning Stretch & News [GL] 11:00 National Geographic Photos of the Year [GL] 2:00 ■ Irish Soda Bread [DR] 3:00 Karaoke! [F] 4:00 Knock Knock Jokes [DR]	20 10:30 ■ Morning Stretch & News [GL] 11:00 Bingo [GL] 2:00 ■ Watercolors: Newspaper Florals [GL] 3:30 ■ Peeps Art Project [GL]	21 9:00 Beauty Shop [B] 10:30 ■ Morning Stretch & News [GL] 11:00 Tunes & Trivia: Songs About Flowers [GL] 2:00 March Birthday Party with Music by Ian Gould [DR] 3:30 Manicures [GL] 5:45 Resident Choice	22 10:00 ■ Walking the Halls [F] 11:00 St. Catherine Commons Chili Cook-Off 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club		
	23 10:00 ■ Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 ■ Beach Ball [GL] 5:45 Sunday Night Movie [GL]	24 10:30 ■ Morning Stretch & News [GL] 11:00 Pictionary [GL] 2:00 ■ Dirt Cups [DR] 3:00 ■ Armchair Travels [DR] 4:00 ■ Table Golf [GL]	25 8:30 Brunch Outing to Cracker Barrel 11:00 ■ Morning Stretch & News [GL] 11:30 ■ Spring Poetry [GL] 1:30 Movie Matinee [GL] 3:00 ■ Balloon Volleyball [GL] 3:30 ■ Senior Science Lab: Jelly Beans [GL]	26 10:30 ■ Morning Stretch & News [GL] 11:00 Guess That Sound [GL] 2:00 ■ Strawberry Shortcake Puppy Chow [DR] 3:00 Karaoke! [F] 4:00 ■ Beach Ball Exercise [DR]	27 10:30 ■ Morning Stretch & News [GL] 11:00 Bingo [GL] 2:00 ■ Watercolors [GL] 3:30 ■ Reminiscing & Refreshments [GL] 4:00 Afternoon Walk	28 9:00 Beauty Shop [B] 10:30 ■ Morning Stretch & News [GL] 11:00 Tunes & Trivia [GL] 2:00 Happiest Hour [DR] 3:00 ■ Bean Bag Toss [GL] 4:00 Manicures [GL] 5:45 Resident Choice	29 10:00 ■ Walking the Halls [F] 11:00 Resident Choice [F] 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club	29 10:00 ■ Walking the Halls [F] 11:00 Resident Choice [F] 2:00 ■ Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club	