


enjoy life
5-Card Draw
Poker Social

March 26 | 1:30pm
Pennoyer Pointe, 5th Floor

Feelin' Lucky?
 Then gather your friends, neighbors,
 and even a family member for a
 special 5-Card Draw Poker Social
 with snacks and refreshments.

RSVP by 3/21 to the LEC Dawn



**ST. CATHERINE
 COMMONS**
 a capri community

3508 7th Avenue
 Kenosha, Wisconsin 53140
 #262-653-1234


Annual Chili Cook Off
March 22 | 11am - 2pm
 You be the judge! Enjoy a tasty
 selection of chili for \$5 per person and
 vote for your favorite to take home the
 trophy. All proceeds benefit the
 Kenosha Senior Center.

DON'T FORGET TO RSVP!



- Walmart Shopping: 3/5
- Pic n' Save/Dollar Tree Shopping: 3/11 & 3/24
- Meijer Shopping: 3/19
- AL Intro Presentation to the Adventure Series:
 3/13 (Must RSVP by 3/10)
- Women's Historic Tea Outing: 3/14 (Must
 RSVP by 3/6 with Dawn LEC)
- 5-Card Draw Poker Social: 3/26 (Must RSVP by
 3/21 with Dawn LEC)

Happy Birthday!



Marsha R.	3/4
Nancy L.	3/14

JOIN THE CLUB



If you'd like more information or you're
 interested in joining one of our clubs, please
 talk with the individuals listed below. Have an
 idea on a new group to add? Talk with your
 Lifestyle Enrichment team!

- Wii Bowling, Sissy N. #512
- It's Yarn Fun Knitting & Crochet Club, Dawn LE

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Women's Historical Tea

A wonderful social to learn about some Historic
 women thru history while also enjoying teas,
 treats, and conversation. Must RSVP by 3/6

Date: Thursday, 3/14 **Time:** 12pm

*Sign-up in the enjoy life binder.

Positive, Meaningful, Relationships and Service



COMMUNITY

5-Card Draw Poker Social

Feelin' Lucky? Then gather your friends,
 neighbors, and even a family member for a
 special 5-Card Draw Poker Social.

Date: Wednesday, 3/26 **Time:** 1:30pm

Self-Improvement and Discovery



LEARNING

History Behind St. Patrick's Day

YouTube host Dave Stotts travels to Ireland to
 visit some of the historic landmarks of St.
 Patrick's life. You'll see where Patrick lived as a
 slave in his childhood, his many churches, and
 many other iconic landmarks as you learn the
 history behind Saint Patrick's Day and the man
 who it's named after!

Date: Monday, 3/3 **Time:** 1:30pm

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

TED Talk: Sleep is Your Superpower

Learn about the wonderfully good things that
 happen when you get sleep, and the alarmingly
 bad things that happen when you don't. Such as
 sleep's impact on your learning, memory,
 immune system and even your genetic code, as
 well as some helpful tips for getting some shut-
 eye.

Date: Monday, 3/24 **Time:** 2pm

ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd 30</p> <p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p>	<p>31</p> <p>10:30 Wheel of Fortune [PP]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>ST. CATHERINE COMMONS a capri community</p>	<p>3508 7th Avenue Kenosha, WI 53140 (262) 653-1234</p>	<p>Location Keys</p> <p>Beauty Shop (3) B Chapel (5) C Dining Room (1) DR Lobby (1) L Media Room (4) MR Pennoyer Pointe (5) PP</p>	<p>Program Key</p> <p>**Underlined Programs <u>Require Sign-up</u> Bold - Enjoy Life Feature Program \$ - Extra Payment Required</p>	<p>1</p> <p>10:00 Pinochle [PP] 1:30 Cribbage [PP] 3:00 Board Games & Jigsaw Puzzles [PP] 6:30 Unlucky 7 Dice Game [PP]</p>
<p>2</p> <p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p>	<p>3</p> <p>10:00 Nail Painting [PP]</p> <p>1:30 History Behind St. Patrick's Day [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>4</p> <p>Happy Birthday Marsha R.! Mardi Gras</p> <p>10:00 Fox Therapy Exercise [MR]</p> <p>10:30 5000 Dice Game [PP]</p> <p>1:30 Craft Corner [PP]</p> <p>6:30 Mexican Train Dominos [PP]</p>	<p>5</p> <p>9:30 <u>Walmart Shopping Trip [L]</u></p> <p>1:30 Cribbage [PP]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>6</p> <p>10:00 Communion w/ Deacon Sosa [C]</p> <p>10:00 Morning Stretch [MR]</p> <p>1:30 Brain Games [PP]</p> <p>2:00 Bingo! [PP]</p> <p>6:30 Uno [PP]</p>	<p>7</p> <p>9:00 Beauty Shop [B]</p> <p>9:30 Mexican Train Dominos [PP]</p> <p>10:30 Read-A-Loud Book Club [MR]</p> <p>2:30 Happy Hour! [PP]</p> <p>6:30 Resident's Choice: Board, Dice or Card Game [PP]</p>	<p>8</p> <p>10:00 Pinochle [PP] 1:30 Cribbage [PP] 3:00 Board Games & Jigsaw Puzzles [PP] 6:30 Unlucky 7 Dice Game [PP]</p>
<p>Daylight Saving Time Begins 9</p> <p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p>	<p>10</p> <p>10:30 Wheel of Fortune [PP]</p> <p>2:00 Pride & Joy w/ Nadia from Hospice Alliance [PP]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>11</p> <p>9:30 <u>Pic n' Save/Dollar Tree [L]</u></p> <p>10:00 Fox Therapy Exercise [MR]</p> <p>1:30 Creative Canvas [PP]</p> <p>6:30 Mexican Train Dominos [PP]</p>	<p>12</p> <p>10:30 5000 Dice Game [PP]</p> <p>1:30 Cribbage [PP]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>13</p> <p>10:00 Communion w/ Deacon Sosa [C]</p> <p>10:00 Morning Stretch [MR]</p> <p>12:30 <u>AL Intro Presentation to the Adventure Series [L]</u></p> <p>1:30 Brain Games [PP]</p> <p>6:30 Yahtzee [PP]</p>	<p>Happy Birthday Nancy L.! 14</p> <p>9:00 Beauty Shop [B]</p> <p>9:30 Mexican Train Dominos [PP]</p> <p>10:30 Read-A-Loud Book Club [MR]</p> <p>12:00 Women's Historical Tea [L]</p> <p>6:30 Resident's Choice: Board, Dice or Card Game [PP]</p>	<p>15</p> <p>10:00 Pinochle [PP] 1:30 Cribbage [PP] 3:00 Board Games & Jigsaw Puzzles [PP] 6:30 Unlucky 7 Dice Game [PP]</p>
<p>16</p> <p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p>	<p>St. Patrick's Day 17</p> <p>10:30 Wheel of Fortune [PP]</p> <p>2:00 St. Patrick's Day Party [DR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>18</p> <p>10:00 Fox Therapy Exercise [MR]</p> <p>10:30 5000 Dice Game [PP]</p> <p>2:00 Facials [PP]</p> <p>6:30 Mexican Train Dominos [PP]</p>	<p>19</p> <p>9:30 <u>Meijer's Shopping Trip [L]</u></p> <p>1:30 Bingo! [PP]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>20</p> <p>10:00 Communion w/ Deacon Sosa [C]</p> <p>10:00 Morning Stretch [MR]</p> <p>1:30 Brain Games [PP]</p> <p>2:00 It's Yarn Fun Knitting & Crochet Club [PP]</p> <p>6:30 Uno [PP]</p>	<p>21</p> <p>9:00 Beauty Shop [B]</p> <p>9:30 Mexican Train Dominos [PP]</p> <p>10:30 Read-A-Loud Book Club [MR]</p> <p>2:00 March Birthday Party! [DR]</p> <p>6:30 Resident's Choice: Board, Dice or Card Game [PP]</p>	<p>22</p> <p>11:00 Chili Cook-Off 1:30 Cribbage [PP] 3:00 Board Games & Jigsaw Puzzles [PP] 6:30 Unlucky 7 Dice Game [PP]</p>
<p>23</p> <p>9:00 Catholic Mass on CH 24</p> <p>9:30 Catholic Mass on CH 7</p> <p>10:30 Time of Grace on CH 58</p>	<p>24</p> <p>9:30 <u>Pic n' Save/Dollar Tree [L]</u></p> <p>2:00 TED Talk: Sleep is Your Superpower [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>25</p> <p>10:00 Fox Therapy Exercise [MR]</p> <p>10:30 Resident Food Committee Meeting [DR]</p> <p>11:00 Resident Community Meeting [DR]</p> <p>2:00 5000 Dice Game [PP]</p> <p>6:30 Mexican Train Dominos [PP]</p>	<p>26</p> <p>10:00 Team Spelling Bee [PP]</p> <p>1:30 5-Card Draw Poker Social [PP]</p> <p>3:00 Wii Bowling [MR]</p> <p>6:30 Unlucky 7 Dice Game [PP]</p>	<p>27</p> <p>10:00 Communion w/ Deacon Sosa [C]</p> <p>10:00 Morning Stretch [MR]</p> <p>1:30 Brain Games [PP]</p> <p>2:00 Bingo! [PP]</p> <p>6:30 Yahtzee [PP]</p>	<p>28</p> <p>9:00 Beauty Shop [B]</p> <p>9:30 Mexican Train Dominos [PP]</p> <p>10:30 Read-A-Loud Book Club [MR]</p> <p>1:30 Movie Matinee [MR]</p> <p>6:30 Resident's Choice: Board, Dice or Card Game [PP]</p>	<p>29</p> <p>10:00 Pinochle [PP] 1:30 Cribbage [PP] 3:00 Board Games & Jigsaw Puzzles [PP] 6:30 Unlucky 7 Dice Game [PP]</p>