

# ST. CATHERINE COMMONS

a capri community

3524 7th Avenue  
Kenosha, WI 53140  
(262)654-6080




**Beer Brats**  
**Potato Salad**  
**Baked Beans**  
**Dessert**

**Lunch Bunch**  
Wednesday, October 23<sup>rd</sup>  
@ 12:30

Sign Up in the Office

## Happy Birthday!

Dorothy M. 10/4	Genevieve W. 10/30
Karen M. 10/7	George S. 10/30
Rose Marie H 10/8	Brenda C. 10/30
Robert B. 10/11	Clifford S. 10/30
Eric A. 10/16	
Mary T. 10/18	
Charlene L. 10/19	
Sheila Levitt 10/20	
Judith F. 10/28	



## DON'T FORGET TO RSVP!



We've added a second grocery trip! Don't forget to take advantage of this amenity! Sign up in the Enjoy Life binder.

## JOIN THE CLUB



Interested in starting a club? **Let us know!**

Contact Jenny at (262) 484-5862

# enjoy life

## THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

### "Blank Slate" Board Game

Learn how to play "Blank Slate". Fill in the blank and match other player's answers!

**Date:** Wednesday, 10/2 **Time:** 11:00

Positive, Meaningful, Relationships and Service



COMMUNITY

### Top Choice Award Happy Hour

Come celebrate our Top Choice Award with a drink and snack during this Happy Hour!

**Date:** Thursday, 10/17 **Time:** 1:00

Self-Improvement and Discovery



LEARNING

### Dementia Live

Join us for a dementia simulation experience that immerses participants into life with dementia.

**Date:** Friday, 10/25 **Time:** 9:30

Sign-up in the enjoy life binder.

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

### Ted Talk: The Secret to Living Longer May Be Your Social Life

Join us in the Reflection Room for this Ted Talk that discusses the benefits of a full social life.

**Date:** Monday, 10/21 **Time:** 1:00

# INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p><b>ST. CATHERINE COMMONS</b> a capri community</p>	<p>3524 7th Ave Kenosha, WI 53140 262-654-6080</p>	<p><b>Active Aging Week</b> <b>1</b></p> <p>10:00 Qigong Stretching w/ Joan [CR] 11:00 Garden Club [RR] 1:00 Walking Club [L] 5:00 Night Bingo [CR] 6:00 5 Crowns [HR]</p>	<p><b>Active Aging Week</b> <b>2</b></p> <p>9:00 Catholic Service [RR] 10:00 Exercise with Fox Therapy 11:00 <b>Blank Slate Board Game [CR]</b> 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p><b>Active Aging Week</b> <b>3</b></p> <p><b>Community Room Reserved</b> 9:00 <u>Pick N Save Grocery Shopping</u> 9:30 <u>Pick N Save Grocery Shopping</u> 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [HR] 6:30 Black Jack [BR]</p>	<p><b>Active Aging Week</b> <b>4</b></p> <p>10:00 Exercise [CR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p><b>Community Room Reserved</b> <b>5</b></p> <p>10:00 Rosary [RR] 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]</p>		
		<p>6:30 Skip Bo [BR] <b>6</b></p>	<p>10:30 Exercise with Mike [CR] <b>7</b> 2:00 Euchre [BR] 2:00 Game 25 Words or Less [CR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p>	<p>10:00 Qigong Stretching w/ Joan [CR] <b>8</b> 11:00 Book Club [RR] 1:00 Walking Club [L] 5:00 Night Bingo [CR]</p>	<p>9:00 Catholic Service [RR] <b>9</b> 10:00 Exercise with Fox Therapy 2:00 "Cover the Number" Dice Game [CR] 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p>9:00 <u>Festival Grocery Shopping</u> <b>10</b> 9:30 <u>Festival Grocery Shopping</u> 10:30 Choir Practice [CR] 1:30 "Revital Eyes" low vision/blind peer support group [RR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p>	<p>10:00 Exercise [CR] <b>11</b> 10:30 Spiritual Reflections [RR] 2:00 <b>Matinee Movie and Popcorn - On Broadway [RR]</b> 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p>10:00 Rosary [RR] <b>12</b> 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]</p>
		<p>6:30 Skip Bo [BR] <b>13</b></p>	<p><b>Columbus Day Indigenous People's Day</b> <b>14</b> 9:00 <u>Men's Coffee Hour [CR]</u> 10:30 Exercise with Mike [CR] 10:30 Kenosha Public Library Lobby Stop [L] 1:00 <u>Popsicle Stick Scarecrow Craft</u> 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p>	<p>10:00 Qigong Stretching w/ Joan [CR] <b>15</b> 11:00 Exploring Ideas with Wayne: Near Death Experiences [RR] 12:00 <u>FirstLight Home Care Craft/Lunch [CR]</u> 1:00 Walking Club [L] 5:00 Night Bingo [CR] 6:00 5 Crowns [HR]</p>	<p>9:00 Catholic Service [RR] <b>16</b> 10:00 Exercise with Fox Therapy 2:00 Prize Bingo [CR] 2:30 Connect Hearing Screening and Hearing aid Service 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p>9:00 <u>Pick N Save Grocery Shopping</u> <b>17</b> 9:30 <u>Pick N Save Grocery Shopping</u> 10:30 Choir Practice [CR] 1:00 <b>Top Choice Award Happy Hour [CR]</b> 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p>	<p>10:00 Exercise [CR] <b>18</b> 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p>10:00 Rosary [RR] <b>19</b> 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]</p>
		<p>6:30 Skip Bo [BR] <b>20</b></p>	<p>9:00 <u>Lady's Coffee Hour [CR]</u> <b>21</b> 10:30 Exercise with Mike [CR] 1:00 Ted Talk: The Secret to Living Longer May Be Your Social Life [RR] 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p>	<p>10:00 Qigong Stretching w/ Joan [CR] <b>22</b> 1:00 Walking Club [L] 2:00 Book Read Aloud with Kenosha Public Library [RR] 5:00 Night Bingo [CR]</p>	<p>9:00 Catholic Service [RR] <b>23</b> 9:15 Mass [RR] 10:30 Exercise W/Fox [CR] 12:30 <u>Lunch Bunch - \$ [CR]</u> 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p>9:00 <u>Piggly Wiggly Grocery Shopping</u> <b>24</b> 9:30 <u>Piggly Wiggly Grocery Shopping</u> 10:30 Choir Practice [CR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p>	<p>9:30 <u>Dementia Live [CR]</u> <b>25</b> 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]</p>	<p>10:00 Rosary [RR] <b>26</b> 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]</p>
		<p>6:30 Skip Bo [BR] <b>27</b></p>	<p>9:00 <u>Donut Social Hour w/ Board Games [CR]</u> <b>28</b> 10:30 Exercise with Mike [CR] 10:30 Kenosha Public Library Lobby Stop [L] 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]</p>	<p>10:00 Qigong Stretching w/ Joan [CR] <b>29</b> 1:00 Walking Club [L] 5:00 Night Bingo [CR] 6:00 5 Crowns [HR]</p>	<p>9:00 Catholic Service [RR] <b>30</b> 10:00 Exercise with Fox Therapy 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]</p>	<p><b>Halloween</b> <b>31</b> 9:00 <u>Walmart Grocery Shopping</u> 9:30 <u>Walmart Grocery Shopping</u> 10:30 Choir Practice [CR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]</p>	<p><b>Program Key</b> **<u>Underlined Programs</u> <b>Require Sign-up</b> <b>Bold - Enjoy Life Feature Program</b> \$ - Extra Payment Required</p> <p><b>Location Keys</b> Billiards Room BR Community Room CR Hobby Room HR Lobby (1) L Reflection Room RR</p>	