

ST. CATHERINE COMMONS

a capri community

3524 7th Avenue
Kenosha, WI 53140
(262)654-6080

LUNCH BUNCH!

Sept. 19 at 12:30 pm
Cost: \$10

Please Bring Your Payment To The Office



Enjoy An Asparagus & Cheese
Stuffed Chicken Breast
Over A Bed Of Wild Rice
Drizzled With Hollandaise Sauce,
& A Delicious Dessert Too!

Housekeeping Week



Housekeeping Week is 9/3 - 9/9. Don't forget to thank Regina when you see her. If you would like to fill out a Cares card for her, you can get one from the office.

JOIN THE CLUB



If you'd like more information or you're interested in joining one of our clubs, please talk with the individuals listed below. Have an idea on a new group to add? Talk with your Lifestyle Enrichment team!

Happy Birthday!

Mary H. 9/1	Wilma P. 9/21
Sandra Z. 9/2	Donna S. 9/23
Rose W. 9/4	Jeannine J. 9/25
Dorothy J. 9/5	Caronda L. 9/25
Karin K. 9/10	Diane W. 9/29
Cindy S. 9/12	Marilyn H. 9/30
William C. 9/18	Gail L. 9/30
Jean K. 9/20	

enjoy life

THIS MONTH'S FEATURED PROGRAMS

Exploring the New



ADVENTURE

Crayon Melting Art

Learn a new craft! Join us in the Community Room to learn how to create art by melting crayons.

Date: Tuesday, 9/17 **Time:** 1:00

Sign-up in the enjoy life binder.

Positive, Meaningful, Relationships and Service



COMMUNITY

Name That Teen

Bring a picture of your teenage self and see how well you do!

Date: Monday, 9/30 **Time:** 2:00

Self-Improvement and Discovery



LEARNING

Ted Talk: The Power of Starting Over

Join us in the Reflection Room for this Ted Talk about the power of starting over.

Date: Thursday 9/26 **Time:** 2:00

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

Fox Talk: "Nothing Should Be Falling but Leaves"

Join Fox Therapy in the Community Room for this presentation

Date: Wednesday, 9/25 **Time:** 10:30

INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
6:30 Skip Bo [BR] 1	Labor Day Labor Day - Office Closed 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR] 2	10:00 Qigong Video [CR] 3 10:30 Kohls Shopping Trip 11:00 Garden Club [RR] 1:00 Walking Club [L] 6:00 5 Crowns [HR]	9:00 Catholic Service [RR] 4 10:00 Exercise with Fox Therapy 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]	9:00 <u>Pick N Save Grocery Shopping</u> 5 10:30 Choir Practice [CR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]	10:00 Exercise [CR] 6 10:30 <u>Paper Mache Leaf Bowls [CR]</u> 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]	10:00 Rosary [RR] 7 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]			
6:30 Skip Bo [BR] 8	9:00 <u>Men's Coffee Hour [CR]</u> 10:30 Exercise with Mike [CR] 9 2:00 Euchre [BR] 2:00 Game 25 Words or Less [CR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]	10:00 Qigong Video [CR] 10 11:00 Book Club [RR] 1:00 Walking Club [L] 5:00 Night Bingo [CR]	9:00 Catholic Service [RR] 11 10:00 Exercise with Fox Therapy 2:00 "Cover the Number" Dice Game [CR] 3:00 Bible Study [RR] 5:00 Community Room Reserved [CR] 6:00 Dominoes [HR] 6:00 Unlucky Seven	9:00 <u>Festival Grocery Shopping</u> 12 10:30 Choir Practice [CR] 1:30 "Revital Eyes" low vision/blind peer support group [RR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]	9:00 <u>Men's Breakfast at Marina Gardens - \$</u> 13 10:00 Exercise [CR] 2:00 Matinee Movie and Popcorn 'The Shawshank Redemption' [RR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]	10:00 Funkin' Farms Farm Stand [P] 14 10:00 Rosary [RR] 11:00 Canasta [BR] 2:00 Bridge [CR] 6:30 Dominoes [CR]			
6:30 Skip Bo [BR] 15	9:00 <u>Lady's Coffee Hour [CR]</u> 10:30 Exercise with Mike [CR] 16 10:30 Kenosha Public Library Lobby Stop [L] 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]	10:00 Qigong Video [CR] 17 11:00 Exploring Ideas with Wayne "Predestination" [RR] 1:00 <u>Crayon Melting Art [CR]</u> 1:00 Walking Club [L] 6:00 5 Crowns [HR]	9:00 Catholic Service [RR] 18 10:00 Exercise with Fox Therapy 2:00 Prize Bingo [CR] 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]	9:00 <u>Pick N Save Grocery Shopping</u> 19 10:30 Choir Practice [CR] 12:30 Lunch Bunch [CR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]	10:00 Exercise [CR] 20 11:45 <u>Lady's Lunch at Marina Gardens - \$</u> 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [CR]	Community Room Reserved 21 8:30 ALZ Walk Pennoyer Park 10:00 Rosary [RR] 11:00 Canasta [BR] 1:00 Holiday Party Bake Sale 2:00 Bridge [BR] 6:30 Dominoes [HR]			
6:30 Skip Bo [BR] 22	9:00 <u>Donut Social Hour w/ Board Games [CR]</u> 10:30 Exercise with Mike [CR] 23 2:00 Euchre [BR] 6:00 Golf Card Game [HR] 6:30 Black Jack [CR]	10:00 Qigong Video [CR] 24 1:00 Walking Club [L] 2:00 Book Read Aloud with Kenosha Public Library [RR] 5:00 Night Bingo [CR]	9:00 Catholic Service [RR] 25 9:15 Mass [RR] 10:30 Fox Talk: "Nothing Should Be Falling But Leaves" [CR] 3:00 Bible Study [RR] 6:00 Dominoes [CR] 6:00 Unlucky Seven [CR]	9:00 <u>Piggly Wiggly Grocery shopping</u> 26 10:30 Choir Practice [CR] 2:00 Ted Talk: The Power of Starting Over [RR] 4:00 Bible Readings [RR] 6:00 Golf Card Game [HR] 6:00 Skip Bo [CR] 6:30 Black Jack [CR]	10:00 Exercise [CR] 27 2:00 Matinee Movie and Popcorn: 'Alice Doesn't Live Here Anymore' [RR] 3:00 Billiards Club [BR] 3:00 Cribbage [HR] 6:30 Poker [BR]	Community Room Reserved 28 10:00 Funkin' Farms Farm Stand [P] 10:00 Rosary [RR] 11:00 Canasta [BR] 2:00 Bridge [BR] 6:30 Dominoes [HR]			
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