

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3508 7th Avenue Kenosha, WI 53140 (262) 653-1234	Location Keys Beauty Shop (3) B Chapel (5) C Dining Room (1) DR Front Living Room F Garden Living Room GL Lobby (1) L Media Room (4) MR Pennoyer Pointe (5) PP	Alzheimer Poetry Project Field to Fare Memories in the Making Mindful Matters	Active Aging Week 1 10:30 Morning Stretch & News [GL] 11:00 Letters to Our Younger Selves [GL] 2:00 Coverall Bingo [GL] 3:00 Cardio Drumming [GL] 3:30 Senior Science Lab or Afternoon Walk [GL] 5:45 Evening Trivia [F]	Active Aging Week 2 10:30 Morning Stretch & News [GL] 11:00 Conductorsize [GL] 2:00 Introduction to SuperFoods [DR] 3:00 Karaoke! [F] 4:00 Afternoon Walk 5:45 Evening Stretch [F]	Active Aging Week 3 9:00 Communion Service [MR] 10:30 Morning Stretch & News [GL] 11:00 Bingo [DR] 2:00 Watercolors [GL] 3:30 Caring for Body, Mind, & Spirit [GL] 5:45 Evening Coloring [F]	Active Aging Week 4 9:00 Beauty Shop [B] 10:30 Morning Stretch & News [GL] 11:00 Tunes & Trivia: Autumn Leaves [GL] 2:00 Taste of Mediterranean Diet [DR] 3:00 Manicures [GL] 5:45 Resident Choice	5 10:00 Walking the Halls [F] 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
	6 10:00 Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 Beach Ball [GL] 5:45 Sunday Night Movie [GL]	7 10:30 Morning Stretch & News [GL] 11:00 Toilet Paper Roll Pumpkins [GL] 2:00 Pumpkin Muffins [DR] 3:00 Armchair Travels [DR] 4:00 Table Golf or Afternoon Walk [GL] 6:00 Senior Prom "Fall Ball" with Live Music [PP]	8 10:30 Morning Stretch & News [GL] 11:00 Music Therapy with Nora [GL] 2:00 Balloon Volleyball [GL] 3:30 Afternoon Walk [GL] 5:45 Evening Trivia [F]	9 10:30 Morning Stretch & News [GL] 11:00 Finish the Phrase [GL] 1:00 Karaoke & Coffee [F] 3:30 Afternoon Walk 5:45 Evening Stretch [F]	10 9:00 Communion Service [MR] 10:30 Morning Stretch & News [GL] 11:00 Name That Landmark [GL] 2:00 Painting & Coloring Club [GL] 3:30 Pumpkin Chuck [GL] 5:45 Evening Coloring [F]	11 9:00 Beauty Shop [B] 10:30 Morning Stretch & News [GL] 11:00 Who Am I? [GL] 1:00 Manicures [GL] 5:45 Resident Choice	12 10:00 Walking the Halls [F] 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
	13 10:00 Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 Beach Ball [GL] 5:45 Sunday Night Movie [GL]	Columbus Day Indigenous People's Day 14 10:30 Morning Stretch & News [GL] 11:00 Halloween Would You Rather? [GL] 1:00 Coffee Club [DR] 4:00 Afternoon Walk [GL] 5:45 Spa Evening [F]	15 10:30 Morning Stretch & News [GL] 11:00 Name That Job [GL] 2:00 Balloon Volleyball [GL] 3:30 Afternoon Walk [GL] 5:45 Evening Trivia [F]	16 10:30 Morning Stretch & News [GL] 11:00 Halloween Trivia [GL] 1:00 Karaoke & Coffee [F] 4:00 Afternoon Walk 5:45 Evening Stretch [F]	17 9:00 Communion Service [MR] 10:30 Morning Stretch & News [GL] 11:00 Name That Landmark [DR] 2:00 Painting & Coloring Club [GL] 3:30 Pumpkin Chuck [GL] 5:45 Evening Coloring [F]	18 9:00 Beauty Shop [B] 10:30 Morning Stretch & News [GL] 11:00 Halloween Humor [GL] 1:00 Manicures [GL] 5:45 Resident Choice	19 10:00 Walking the Halls [F] 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
DAILY RHYTHM 8:30 Breakfast 10:30 Mindful Matters/Exercise 10:45 Refreshments 11:00 Creative Arts/Partner Programs 12:00 Lunch 2:00 Games/Mindful Matters/Field to Fare 3:00 Cultural Arts/Wellness 4:00 Community/Music/Spiritual	20 10:00 Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 Beach Ball [GL] 5:45 Sunday Night Movie [GL]	21 10:30 Morning Stretch & News [GL] 11:00 Music Therapy with Heidi [GL] 2:00 Pumpkin Pie Dip [DR] 3:00 Armchair Travels [DR] 4:00 Pumpkin Chuck [GL] 5:45 Spa Evening [F]	22 10:30 Morning Stretch & News [GL] 11:00 Finish the Phrase [GL] 2:00 Board Games [GL] 3:00 Balloon Volleyball [GL] 3:30 Senior Science Lab: Why Do Leaves Change Color? [GL] 5:45 Evening Trivia [F]	23 10:30 Morning Stretch & News [GL] 11:00 Unwrap the Mummy Game [GL] 2:00 Brown Sugar Maple Pumpkin Bars [DR] 3:00 Karaoke! [F] 4:00 Pumpkin Chuck [C] 5:45 Evening Stretch [F]	24 9:00 Communion Service [MR] 10:30 Morning Stretch & News [GL] 11:00 Bingo [DR] 1:30 Outing to Jerry Smith Farms Pumpkin Display 3:30 Reminiscing & Refreshments [GL] 5:45 Evening Coloring [F]	25 9:00 Beauty Shop [B] 10:30 Morning Stretch & News [GL] 11:00 Tunes & Trivia: Halloween Songs [GL] 2:00 Top Choice Party [DR] 4:00 Manicures [GL] 5:45 Resident Choice	26 10:00 Walking the Halls [F] 11:00 Resident Choice [F] 2:00 Balloon Toss 3:00 Saturday Matinee [GL] 5:45 Puzzles & Coloring Club
	27 10:00 Morning Fitness [F] 11:00 Activity with Volunteer Peggy 2:00 Resident Choice 3:00 Beach Ball [GL] 5:45 Sunday Night Movie [GL]	28 10:30 Morning Stretch & News [GL] 11:00 Halloween Word Games [GL] 2:00 Pumpkin Pancakes [DR] 2:30 Movie Matinee: Hocus Pocus [DR] 4:00 Pumpkin Chuck [GL] 5:45 Spa Evening [F]	29 10:30 Morning Stretch & News [GL] 11:00 November Poetry [GL] 1:30 Movie Matinee [F] 3:00 Pet Therapy with Cecille & Timber [F] 3:30 Beach Ball Exercise [GL] 5:45 Evening Trivia [F]	30 10:30 Morning Stretch & News [GL] 11:00 History of Halloween [GL] 2:00 October Birthday Party [DR] 3:30 "Bobbing" for Apples [F] 5:45 Evening Stretch [F]	31 Halloween 9:00 Communion Service [MR] 10:30 Morning Stretch & News [GL] 11:00 Halloween Board Game [GL] 1:15 Trick-or-Treating with Grant School Kids! [L] 2:30 Halloween Party! [DR] 5:45 Evening Coloring [F]		