

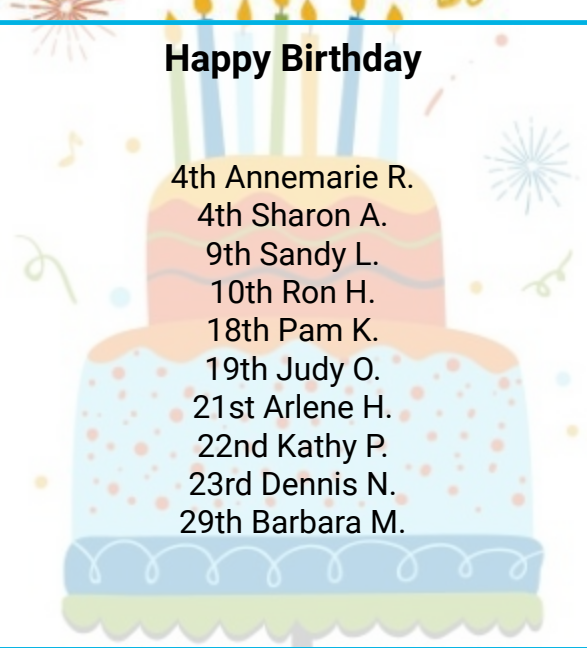
# GRACE COMMONS

a capri community

W195 N9550 Rolling Meadow Circle  
Menomonee Falls, WI 53051

# enjoy life


## THIS MONTH'S FEATURED PROGRAMS



**Happy Birthday**

4th Annemarie R.  
4th Sharon A.  
9th Sandy L.  
10th Ron H.  
18th Pam K.  
19th Judy O.  
21st Arlene H.  
22nd Kathy P.  
23rd Dennis N.  
29th Barbara M.

Exploring the New



ADVENTURE

Positive, Meaningful, Relationships and Service



COMMUNITY

Self-Improvement and Discovery



LEARNING

Pursuit of Overall Personal Wellness



HEALTH & WELLNESS

**The Art of Bee Keeping**  
Buzz into the fascinating world of bee keeping! Join Gwenyn Farm's beekeeper, to explore the art of beekeeping. Discover the stages of a thriving hive while learning about the farm's regenerative and sustainable practices. Take home a small bottle of honey as a sweet reminder.  
**DATE: Monday, September 9th**  
**TIME: 9:15am Lobby**

**Homecoming 2024**  
**Come Home To Grace Commons**  
Please join us to celebrate Grace Commons Community 4 year anniversary and Home Coming.  
Cake and Punch will be served  
**DATE: Thursday, September 26th**  
**TIME: 2:00PM**  
**Tap Room**

**Daring Women Series**  
**Katherine Wright:**  
**Those Flyboys From Dayton**  
Behind the genius of the Wright brothers, Wilbur and Orville, was their beloved and devoted sister, Katherine. She was the integral variable in the equation that solved the mystery of controlled flight.  
**DATE: Wednesday, September 10th**  
**TIME: 2:00pm Dining Room**

**Inspirational Speaker - LaToya Bates**  
**Life In Translation-** Support group for residents experiencing grief or in need of support as they navigate challenges in their life.  
**DATE: Tuesday, September 10th**  
**Music & Memories-** Take a look back at the greatest hits of our lives and explore music and great memories  
**DATE: Tuesday, September 24th**  
**TIME: 10:00AM Family Room**

### DON'T FORGET TO RSVP!



- Shopping
- ENJOY LIFE- The Art of Beekeeping
- Wacky Women's Club
- Grandparents BINGO
- Crafts
- IL Lunch Bunch-Pizza Ranch


### JOIN THE CLUB



If you're interested in joining one of our clubs, please talk with Kelly for more information.

- Book Club
- Garden Club
- Walking Club
- Flower Club

# INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Movie- 2:00 Dominos [M] <b>1</b>	<b>Labor Day</b> 8:30 Exercise on your own [W] <b>2</b> 9:00 Exercise on your own [W] 9:30 Exercise on your own [W] 1:00 BINGO-\$ [TR]	9:00 Coffee Club [TR] <b>3</b> 10:30 Horse Races-\$ [TR] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie- 4:00 Happy Hour-BYOB [TR]	<b>Decades Day</b> 8:30 Fox Exercise [W] <b>4</b> 9:00 Fox Exercise [W] 9:30 Fox Exercise [W] 10:30 Book Club [FR] 1:00 Grace Bible Study [FR] 3:30 Walmart [L]	9:00 Coffee Club [TR] <b>5</b> 1:00 IL Resident Meeting [TR] 1:00 Mahjong [FR] 1:00 Movie- 2:00 Sheepshead-\$ [FR]	8:30 Orange Shoes Exercise [W] <b>6</b> 9:00 Orange Shoe Exercise [W] 10:00 Friday Adventures 1:15 Rosary [FR] 2:00 Cribbage [TR] 2:00 Hand & Foot Card Game [TR]	10:00 Walking Club [L] <b>7</b> 1:00 Dominos [M] 1:00 Movie- 2:00 Rummicube [TR]
1:00 Movie- 2:00 Dominos [M] 6:00 <u>Wacky Womens Club</u> [FR] <b>8</b>	8:30 Exercise on your own [W] <b>9</b> 9:00 Exercise on your own [W] 9:15 <b>ENJOY LIFE-The Art of Bee Keeping-\$ [L]</b> 9:30 Exercise on your own [W] 10:30 Aldi [L] 1:00 BINGO-\$ [TR] 2:30 Fox Therapy Screening [W] 3:00 Catholic Church Service [G] 5:00 Grandparents BINGO [TR]	9:00 Coffee Club [TR] <b>10</b> 10:30 Inspirational Speaker-LaToya Bates-Life In Translation [FR] 1:00 Fox Exercise-Balance For Better Movement [W] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie- 4:00 Happy Hour-BYOB [TR]	<b>Patriot Day</b> 8:30 Fox Exercise [W] <b>11</b> 9:00 Fox Exercise [W] 9:30 Fox Exercise [W] 10:30 Grace Church Service [W] 2:00 Daring Women-Katherine Wright [D]	9:00 Coffee Club [TR] <b>12</b> 10:30 History Club With Tim [FR] 1:00 Mahjong [FR] 1:00 Movie- 2:00 Sheepshead-\$ [FR]	8:30 Orange Shoes Exercise [FR] <b>13</b> 9:00 Orange Shoe Exercise [FR] 9:30 Communion Service [W] 1:15 Rosary [FR] 2:00 Cribbage [TR] 2:00 Hand & Foot Card Game [TR]	10:00 Walking Club [L] <b>14</b> 1:00 Dominos [M] 1:00 Movie- 2:00 Rummicube [TR]
1:00 Movie- 2:00 Dominos [M] <b>15</b>	<b>SAVVY SWAP SHOP</b> <b>16</b> 8:30 Exercise [W] 9:00 Exercise [W] 9:30 Exercise [W] 10:30 Piggly Wiggly [L] 1:00 BINGO-\$ [TR]	<b>SAVVY SWAP SHOP</b> <b>17</b> 9:00 Coffee Club [TR] 10:30 Horse Races-\$ [TR] 1:00 Fox Exercise-Balance For Better Movement [W] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie- 4:00 Happy Hour-BYOB [TR]	<b>Comfy Day</b> <b>SAVVY SWAP SHOP</b> <b>18</b> 8:30 Fox Exercise [W] 9:00 Fox Exercise [W] 9:30 Fox Exercise [W] 1:00 Grace Bible Study [FR] 2:00 Fun Games with Kelly [TR] 3:30 Kohl's/Target [L]	<b>SAVVY SWAP SHOP</b> <b>19</b> 9:00 Coffee Club [TR] 10:45 <u>Lunch Bunch-Pizza Ranch</u> [L] 1:00 Mahjong [FR] 1:00 Movie- 2:00 Sheepshead-\$ [FR]	<b>SAVVY SWAP SHOP</b> <b>20</b> 8:30 Orange Shoes Exercise [W] 9:00 Orange Shoe Exercise [W] 10:00 Friday Adventures 1:15 Rosary [FR] 2:00 Cribbage [TR] 2:00 Hand & Foot Card Game [TR]	<b>SAVVY SWAP SHOP</b> <b>21</b> 10:00 Walking Club [L] 1:00 Dominos [M] 1:00 Movie- 2:00 Rummicube [TR]
<b>SAVVY SWAP SHOP</b> <b>22</b> 1:00 Movie- 2:00 Dominos [M] 6:00 <u>Wacky Womens Club</u> [FR]	<b>SAVVY SWAP SHOP</b> <b>23</b> 8:30 Exercise [W] 9:00 Exercise [W] 9:30 Exercise [W] 10:30 Walmart [L] 1:00 BINGO-\$ [TR]	<b>SAVVY SWAP SHOP</b> <b>24</b> 8:30 Men's Breakfast Club [D] 9:00 Coffee Club [TR] 10:30 Inspirational Speaker-LaToya Bates-Music & Memories [FR] 1:00 Fox Exercise-Balance For Better Movement [W] 1:00 Hand & Foot Card Game [TR] 1:00 Mahjong [FR] 1:00 Movie- 3:00 Happy Hour-Happy Birthday [TR]	<b>Grace Commons Day</b> <b>SAVVY SWAP SHOP</b> <b>25</b> 8:30 Fox Exercise [W] 9:00 Fox Exercise [W] 9:30 Fox Exercise [W] 10:30 <u>Crafts-\$ [M]</u> 2:00 Food Forum Meeting [TR] 3:30 <u>Metro Market</u> [L]	<b>SAVVY SWAP SHOP</b> <b>26</b> 8:30 Blood Pressure Checks [W] 9:00 Coffee Club [TR] 1:00 Mahjong [FR] 2:00 Sheepshead-\$ [FR] 3:00 HOME COMING 2024-Come Home To Grace Commons [TR]	8:30 Orange Shoes Exercise [W] <b>27</b> 9:00 Orange Shoe Exercise [W] 10:00 Friday Adventures 1:15 Rosary [FR] 2:00 Cribbage [TR] 2:00 Hand & Foot Card Game [TR]	10:00 Walking Club [L] <b>28</b> 1:00 Dominos [M] 1:00 Movie- 2:00 Rummicube [TR]
1:00 Movie- 2:00 Dominos [M] 6:00 <u>Wacky Womens Club</u> [FR] <b>29</b>	9:00 Exercise [W] <b>30</b> 9:30 Exercise [W] 10:30 Aldi [L] 1:00 BINGO-\$ [TR]			W195 N9550 Rolling Meadow Circle Menomonee Falls, WI 53051 (262) 252-9600	<b>Location Keys</b> Dining Room D Family Room FR Great Room G Lobby L Multipurpose Room M Tap Room TR Wellness Suite W	\$\$ - Extra payment due at sign-up  <u>Underline</u> - Requires sign-up  <b>Bold</b> - enjoy life Featured Program